Goal Setting Exercise

100 GOALS...YOU IN 10 YEARS...UNSTOPPABLE...~~LIMITS~~

**The most brilliant entrepreneurs like Steve Jobs would go on long walks to soul search and think of business ideas. Consider going on a long walk while you complete this section:**

|  |
| --- |
| 1: |
| 2: |

*"Once you realize that everything around you was created by people that are no smarter than you, you’ll never be the same” -*Steve Jobs

|  |
| --- |
| 3: |
| 4: |

*“The secret of getting ahead is getting started.” -Mark Twain*

|  |
| --- |
| 5: |
| 6: |

*“It always seems impossible until its done.” -Nelson Mandela*

|  |
| --- |
| 7: |
| 8: |

*"Your time is limited, so don't waste it living someone else's life.” -Steve Jobs*

|  |
| --- |
| 9: |
| 10: |

*“I'd rather attempt to do something great and fail than to attempt to do nothing and succeed.”-Robert H. Schuller*

|  |
| --- |
| 11: |
| 12: |

*“Opportunity does not knock, it presents itself when you beat down the door.” -Kyle Chandler*

|  |
| --- |
| 13: |
| 14: |

*"Everything you can imagine is real." -Pablo Picasso*

|  |
| --- |
| 15: |
| 16: |

*"Someone is sitting in the shade today because someone planted a tree a long time ago." -Warren Buffett*

*“Someday is not a day of the week.” -Denise Brennan-Nelson*

|  |
| --- |
| 17: |
| 18: |
| 19: |

*"Don't count the days, make the days count." -Muhammad Ali*

|  |
| --- |
| 20: |
| 21: |

*"In the middle of every difficulty lies opportunity." -Albert Einstein*

|  |
| --- |
| 22: |
| 23: |

*“Accept the challenges so that you can feel the exhilaration of victory.” -George S. Patton*

|  |
| --- |
| 24: |
| 25: |

*“The best way to predict the future is to invent it.” -Alan Kay*

|  |
| --- |
| 26: |
| 27: |

*“You can never quit. Winners never quit, and quitters never win.’ - Ted Turner*

|  |
| --- |
| 28: |
| 29: |

*“Big shots are only little shots who keep shooting.” - Christopher Morley*

|  |
| --- |
| 30: |
| 31: |

*“Well done is better than well said.” -Benjamin Franklin*

|  |
| --- |
| 32: |
| 33: |

*“Only I can change my life. No one can do it for me.” - Carol Burnett*

|  |
| --- |
| 34: |
| 35: |

*“You can't wait for inspiration. You have to go after it with a club.’ -Jack London*

*“The purpose of our lives is to be happy.” -Dalai Lama*

|  |
| --- |
| 36: |
| 37: |

*“Perseverance is failing 19 times and succeeding the 20th.” -Julie Andrews*

|  |
| --- |
| 38: |
| 39: |

*"* *Failure is another steppingstone to greatness."* -Oprah Winfrey

|  |
| --- |
| 40: |
| 41: |

*"Don't let the fear of striking out hold you back.” -Babe Ruth*

|  |
| --- |
| 42: |
| 43: |

*“If you don't like how things are, change it! You're not a tree.” -Jim Rohn*

|  |
| --- |
| 44: |
| 45: |

*“The more things you do, the more you can do.” -Lucille Ball*

|  |
| --- |
| 46: |
| 47: |

*"You miss 100% of the shots you don't take." -Wayne Gretzky*

|  |
| --- |
| 48: |
| 49: |

*"We must accept finite disappointment, but never lose infinite hope.” -Martin Luther King, Jr.*

|  |
| --- |
| 50: |
| 51: |

*“If you don't ask, you don't get.” - Stevie Wonder*

|  |
| --- |
| 52: |
| 53: |

*“Your imagination is your preview of life’s coming attractions.” -Albert Einstein*

|  |
| --- |
| 54: |
| 55: |

*“What keeps me going is goals.” -Muhammad Ali*

|  |
| --- |
| 56: |
| 57: |

*“I can accept failure, everyone fails at something. But I can't accept not trying.” -Michael Jordan*

|  |
| --- |
| 58: |
| 59: |

*" You must expect great things of yourself before you can do them." -Michael Jordan*

*“Happiness is when what you think, what you say, and what you do are in harmony.”*

*-Mahatma Gandhi*

|  |
| --- |
| 60: |
| 61: |

*"The more you dream, the farther you get.” -Michael Phelps*

|  |
| --- |
| 62: |
| 63: |

*We must change the lens by which we see the world*



*The more I want to get something done, the less I call it work.” -Richard Bach*

|  |
| --- |
| 64: |
| 65: |

*“The mind is everything. What you think you become.” -Buddha*

|  |
| --- |
| 66: |
| 67: |

*"It does not matter how slowly you go, so long as you do not stop." -Confucius*

|  |
| --- |
| 68: |
| 69: |

*"If you want to be happy, set a goal that commands your thoughts, liberates your energy, and inspires your hopes.” -Andrew Carnegie*

|  |
| --- |
| 70: |
| 71: |

*“We may encounter many defeats but we must not be defeated.” -Maya Angelou*

|  |
| --- |
| 72: |
| 73: |

*"* *The two most important days in your life are the day you are born and the day you find out why."*

-Mark Twain

|  |
| --- |
| 74: |
| 75: |

*“Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it.” - Steve Jobs*

|  |
| --- |
| 76: |
| 77: |

*"Two roads diverged in a wood, and I — I took the one less traveled by. And that has made all the difference.” -Robert Frost (from his poem "The Road Not Taken")*

|  |
| --- |
| 78: |
| 79: |

*“The journey of a thousand miles begins with one step.” -Lao Tzu*

|  |
| --- |
| 80: |
| 81: |

*“Tough times never last, but tough people do.” -Dr. Robert Schuller*

|  |
| --- |
| 82: |
| 83: |

*“There is only one success: to be able to spend your life in your own way.” -Christopher Morley*

|  |
| --- |
| 84: |
| 85: |

*“The power of imagination makes us infinite.” -John Muir*

|  |
| --- |
| 86: |
| 87: |

*“Believe and act as if it were impossible to fail.” -Charles Kettering*

|  |
| --- |
| 88: |
| 89: |

*“Every strike brings me closer to the next home run.” -Babe Ruth*

*"* *The biggest risk is not taking any risk... In a world that's changing really quickly, the only strategy that is guaranteed to fail is not taking risks."* - Mark Zuckerberg

|  |
| --- |
| 90: |

*“Go confidently in the direction of your dreams and live the life you have imagined.”*

*-Henry David Thoreau*

|  |
| --- |
| 91: |

*“Believe you can and you’re halfway there.” -Theodore Roosevelt*

|  |
| --- |
| 92: |

*“Never let your memories be greater than your dreams.” -Doug Ivester*

|  |
| --- |
| 93: |

*"If something is important enough, even if the odds are against you, you should still do it. -Elon Musk*

|  |
| --- |
| 94: |

*“It wasn’t raining when Noah built the ark.” -Howard Ruff*

|  |
| --- |
| 95: |

*“Don’t wait. The time will never be just right.” -Napoleon Hill*

|  |
| --- |
| 96: |

*“It’s not whether you get knocked down, it’s whether you get up.” -Vince Lombardi*

*“Try not. Do, or do not. There is no try.” -Yoda*

|  |
| --- |
| 97: |

*“Everything you’ve ever wanted is on the other side of fear.” -George Addair*

|  |
| --- |
| 98: |

*“If you aren’t going all the way, why go at all? -Joe Namath*

|  |
| --- |
| 99: |

*“A year from now you may wish you had started today.” -Karen Lamb*

|  |
| --- |
| 100: |

*“Change your thoughts and you change your world.” -Norman Vincent Peale*

*“Dream big and dare to fail.” -Norman Vaughan*

Let’s do one more to make it 101!

*“It is never too late to be what you might have been.” -George Eliot*

|  |
| --- |
| 101 |

**Great work!!!!**

**I hope you feel inspired and empowered!**

**This is just the beginning!**