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LINKS IN THIS DOCUMENT:

[PART1](#)  [PART2](#)  [PART3](#)  [PART4](#)  [PART5](#)  [PART6](#)  [PART7](#)  [PART8](#)

WORKBOOK FOR OPTIONAL PERSONAL GROWTH SECTION

Please watch the Introduction lecture of this section.

There are no quizzes for this section.

There are 8 parts in this section, which can be accessed by clicking on the links in the blue box above.
Thanks

Personal Growth Optional Section Part 1 (Meaning Video #1):

Fast forward in the lecture to access the following topics:

00:12 How did you manage to do so many things in your early career while having three small kids, managing jobs at Goldman and venture capital, what were your time management skills?

02:08 What's your take on applying for roles that you're not qualified for? I discount myself whenever I see I do not have the background for it.

03:12 How do you see careers changing in 2020 and beyond?

03:57 About publishing a book, will Amazon take care of the copyright, or I have to do it myself?

05:52 I need your advice on writing the book, do you think I should write certain pages a day or write the whole book in a day or two?

10:25 When you feel overwhelmed with a bunch of tasks to do, how do you deal with it? I'm using your scheduler and loving it but I still manage not to get things done that I listed.

13:29 Would you mind sharing your networking experience of keeping in touch with former colleagues or college friends, what works and what doesn't?

15:23 What to do should a negative comment arrive on a LinkedIn account?

18:24 If you worked at a corporation or a company and moved internally to various departments, how do you list that on your resume?

Personal Growth Optional Section Part 2 (Meaning Video #2):

Fast forward in the lecture to access the following topics:

00:13 Do you have time to rest and recover your energy with all the productions and live sessions, what about your sleeping routine?

01:20 What's your biggest failure that you now look back at and think I'm thankful that it happened?

03:29 I updated my LinkedIn, and I'm nervous to focus on a new industry, will I confuse others if I write about energy, but most of my background is in software?

03:57 About publishing a book, will Amazon take care of the copyright, or I have to do it myself?

04:21 How could one transition to something else (different role) when s/he can't grow anymore?

07:24 Would you advise starting a career in computer science in San Francisco right after college, the taxes are high, and the rent is absurd. Also, is \$80-90K sufficient for a single person to survive in San Francisco?

09:28 How long is too long to stay in a role if you are not progressing? In other words, upward mobility is slow due to organizational structure.

10:29 What would you recommend as a follow-up book for How to Win Friends and Influence People?

12:25 Any recommendations on biohacking?

15:24 What is the best way to fix not so great first impressions?

16:11 How can I help myself form my own opinions? I tend to look for advice and end up being confused because I get a lot of different ideas and opinions?

Personal Growth Optional Section Part 3 (Meaning Video #3):

Fast forward in the lecture to access the following topics:

00:13 What impact will artificial intelligence have on teaching and education?

01:23 What are your thoughts on online education? Do you think the current situation favors learning online?

03:05 What's the best thing ever happened to you in life?

04:00 Do I have to leave unrealized options on the table when I walk away or is it appropriate to ask the new employer to pay a bonus or other compensation benefits?

06:45 How much outsourcing do you do in your personal life?

Personal Growth Optional Section Part 4 (Meaning Video #4):

Fast forward in the lecture to access the following topics:

00:13 How do you not blame yourself when you make a wrong decision or miss an opportunity?

01:50 Do you think physical books will ever die due to the rise of e-books, and what do you believe will be the next thing technology kills?

03:30 Some people say in 10 years a large percentage of jobs will be lost to AI, is that true and how do you think the rise of AI will affect our future?

Personal Growth Optional Section Part 5 (Meaning Video #5):

Fast forward in the lecture to access the following topics:

00:13 How do you deal with conflicts with business partners?

03:20 How do you disagree with people without sounding rude or arrogant?

06:23 Are you an outlier in personal discipline, do your goals keep you on track?

13:09 Is being a perfectionist a curse?

Personal Growth Optional Section Part 6 (Meaning Video #6):

Fast forward in the lecture to access the following topics:

00:13 Is the idea of retirement outdated?

06:50 How to maintain a work-life balance?

10:58 Can you give me some career advice on what path I should go down?

11:26 How did you mingle among Wall Street folk if you do not drink?

13:05 What is the best way to deal with my client's emotions?

Personal Growth Optional Section Part 7 (Meaning Video #7):

Fast forward in the lecture to access the following topics:

00:13 Can you teach our class some interview questions?

06:50 How to weigh one career path from another?

11:24 What is a great way to teach my son the entrepreneurial spirit so he can appreciate his smartphone purchase?

15:10 How can I work full-time, go to school, and keep making my videos?

15:46 What is a good way to say no without burning any bridges?

Personal Growth Optional Section Part 8 (Meaning Video #8):

Fast forward in the lecture to access the following topics:

00:13 What are your own personal quotes?

01:13 I dropped out of college and do not have experience working in a large industry. How can I establish my credibility to investors?

04:45 How do I prove to investors and others that I am trustworthy?

05:51 Do you like the idea of endorsing others on LinkedIn to help with my networking?

07:11 Do you have any input on the LinkedIn algorithm for recommendations?

08:33 Is it harder to find your Wozniak or your Jobs?

09:25 Have you ever had a Bad Teacher?